



If you pierce or puncture your skin with a discarded needle, follow this first aid advice immediately:

- encourage the wound to bleed, ideally by holding it under running water
- wash the wound using running water and plenty of soap
- don't scrub the wound while you're washing it
- don't suck the wound
- dry the wound and cover it with a waterproof plaster or dressing

You should also seek urgent medical advice as you may need treatment to reduce the risk of getting an infection:

If you are at work contact your line manager or H&S representative, otherwise call your GP, NHS 111 or go to the nearest accident and emergency (A&E) department.

If you have any health and safety issues that you wish to discuss contact your supervisor, line manager or Safety Advisor.

Remember there must be NO COMPROMISE where health and safety is concerned.