

<b>ALERT TOPIC</b>	Alighting Vehicles	<b>ALERT REFERENCE:</b>	CRL 020623
<b>TARGET AUDIENCE:</b>	Regional Managers Site Managers Site Engineers and Supervisors Operatives Other Interested People	<b>AUTHORISED BY:</b>	N Roper T Grierson
<b>DATE OF ISSUE:</b>	Friday 2 June 2023	<b>DISPLAY UNTIL:</b>	End December 2023

### INTRODUCTION

An operative recently received a sprain injury to his right foot/ankle when he was getting out of the side door of a welfare van. Though we have all carried out this or similar activities several times without injury and it seems to be a movement that requires little thought it is useful to be mindful. Below are some general points to follow;

- Park the vehicle on firm even ground
- Wear suitable footwear that is in good order
- Ensure that the vehicle steps and floor are in good order. If not, report it!
- Does the vehicle have a hand hold point? If so use it
- Look at the ground where you intend to place your feet. Is it suitably even and clear of any debris?
- Use all available steps to aid your entry or exit. The step may be higher than you think!
- DO NOT jump to ground



### REASON FOR ISSUING THIS ALERT

To remind people of the possible injury potential of what may seem a relatively safe activity

### CONCLUSIONS AND DISCUSSION POINTS

Ensure that;

- Vehicles are in good order
- Footwear suitable and in good condition
- Ground is firm, even and clear
- Use all steps and hand hold points
- Look down before step down
- Don't jump!
- Whenever possible maintain three points of contact

If you have any concerns with the above points please inform your line manager

## SAFETY ALERT

Please communicating the contents to your site teams as appropriate  
Record this briefing on the form below and retain in your contract file

### SHEQ ALERT BRIEFING RECORD

ALERT TOPIC:	Alighting Vehicles	ALERT REFERENCE:	CRL 020623
PROJECT NAME:		DATE OF BRIEFING:	
BRIEFING DELIVERED BY:			

The following people have signed to confirm receipt and understanding of this SHEQ Alert:

NAME	EMPLOYER	EMPLOYEE ID	SIGNATURE

*If you have any SHEQ issues that you wish to discuss, please contact your supervisor, line manager, or a member of the SHEQ team.*